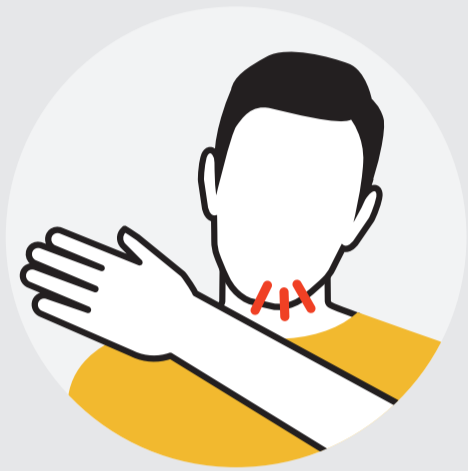


Protect yourself and your workmates against COVID-19



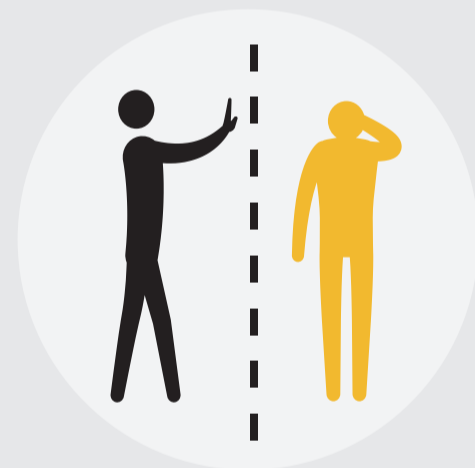
Cover your coughs or sneezes with tissues or your elbow



Put your used tissue in the rubbish bin or in a plastic bag



Wash and dry your hands often, especially after coughing or sneezing - use soap or hand sanitiser



Stay away from others if you're unwell

Protect your family/whānau from COVID-19 (coronavirus)

This advice is from The New Zealand Ministry of Health

For more information about **COVID-19** visit health.govt.nz/COVID-19

COVID-19 Health Advice

0800 358 5453

For International SIMs calls

+64 9 358 5453